

Toast + Breads

ALL DAY FROM 6AM

Toastie Flavours 16

served on sourdough with a side of pickles

MUSHROOM TOASTIE v

sesame and miso sautéed mushrooms, spinach, provolone, mozzarella, parmesan, truffle mayo

CHORIZO TOASTIE

minced chorizo, rocket, provolone, mozzarella, parmesan, chipotle mayo

Brooklyn Boy Bagels 7.5 / vgo

cream cheese or pepe saya cultured butter or jam

+ seasoned crushed avocado 5

+ citrus cured salmon 6

Sourdough Toast 7

(gluten free + vegan options available)

served with butter

organic white, multigrain, light rye, fruit

peanut butter, strawberry jam, honey, vegemite

Add ons

+ fermented chilli crisp 3

+ sourdough toast (1) w/ pepe saya butter 3.5

+ free range egg fried or poached 4

+ free range eggs scrambled 8

+ potato rosti 4

+ wilted spinach 4

+ miso mushrooms 4.5

+ seasoned crushed avocado 5

+ free range chicken + pork sausage patty 6

+ lucas bacon 6

+ citrus cured salmon 8

+ grilled halloumi (2) 6

+ grilled chicken breast 8

Kids

12 YEARS AND UNDER

SCRAMBLED EGGS served on sourdough with tomato sauce / 12

KIDS PANCAKES served with vanilla ice cream, berries, maple syrup / 12

CHEESEBURGER grass fed beef patty, american cheese, tomato sauce served on a milk bun with skin on fries / 12

CHICKEN BURGER fried chicken, american cheese, tomato sauce served on a milk bun with skin on fries / 12

CHOCOLATE, STRAWBERRY OR VANILLA MILKSHAKE / 6

Brekkie

ALL DAY FROM 6AM

Acai Health Bowl 16 / v / vgo

served with granola, toasted coconut, seasonal fruit (contains guarana)

+ peanut butter 3

Eggs n Toast 15 / v / gfo

two free range eggs - scrambled / poached / fried, on sourdough, served with pepe saya cultured butter

+ wilted spinach 4

+ seasoned crushed avocado 5

+ lucas bacon 6

+ citrus cured salmon 8

Sausage + Egg Muffin 13 / gfo

free range chicken + pork sausage, folded eggs, American cheese, house mayo + sourdough english muffin

+ potato rosti 4

+ chicken + pork sausage patty 6

Charlie’s Bacon + Egg Roll 13 / gfo / df

2 crispy fried eggs, lucas bacon, silverbeet, hollandaise, black garlic ketchup served on a luxe milk bun

+ grilled halloumi (2) 6

+ potato rosti 4

+ chicken + pork sausage patty 6

Overnight Oats 18 / vg

seasonal fruits, freeze dried mandarin, coconut yoghurt, almond crumble + spiced syrup

Avocado Toast 21 / v / gfo

smashed avocado, house labneh, pickled beetroot, almond paste, chilli crisp + seeded sourdough toast

+ poached egg 4

+ citrus cured salmon 8

+ lucas bacon 6

Herb + Sweet Corn Fritters 24 / v / gf

poached eggs, avocado, zataar roasted tomatoes, spiced brown butter, house labneh, soft herb salad

+ grilled halloumi (2) 6

+ lucas bacon 6

+ fermented chilli crisp 3

Healthy Kick Start 24 / gfo

poached eggs, spiced hollandaise, zataar roasted tomatoes, crushed avocado, zucchini pickles, shaved leg ham, cucumber, golden raisins + grain sourdough

+ citrus cured salmon 8

+ lucas bacon 6

Spelt Ricotta Pancakes 24 / v

macerated berries, maple syrup, almond crumble, berry + beetroot syrup, mascarpone cream

+ vanilla ice cream 4

+ lucas bacon 6

v - vegetarian vg - vegan gf - gluten free df - dairy free vgo - vegan option gfo - gluten free option dfo - dairy free option Please advise our staff with any dietary/allergen requirements as the menu does not list every ingredient used. Ingredients are subject to availability

Lunch

FROM 11AM

Turmeric + Coconut Barramundi 26 / gf

turmeric + coconut curry, poached barramundi, sprouted beans, organic brown rice, fried shallots + spiced brown butter

+ fermented chilli crisp 3

Prawn + Chorizo Linguine 24

garlic prawn, chorizo crumb, evoo, flat leaf parsley

+ extra prawns (4) 8

Soy Braised Eggplant 24 / vg

brown rice, cucumber, avocado, golden beetroot, toasted pecans, sesame seeds, fermented chilli crisp and soft herbs

+ grilled chicken breast 8

+ citrus cured salmon 8

Greens Broccoli Bowl 23 / v

roasted florets, spiced chickpeas, zataar roasted tomatoes, tahini dressing, toasted pecans, farro, cucumbers, golden raisins & spiced brown butter

+ grilled chicken breast 8

+ grilled halloumi (2) 6

+ citrus cured salmon 8

Fried Chicken Burger 24 / gfo

crispy chicken breast, charlie’s hot sauce, zucchini pickles, parmesan cheese, shredded iceberg, house mayo, warm milk bun + skin on fries

+ grilled chicken breast 8

+ citrus cured salmon 8

Cheeseburger 25 / gfo

grass fed beef, swiss cheese, truffle mayo, onions, tomato, black garlic + tomato ketchup, iceberg lettuce, milk bun + skin on fries

+ beef patty 5

+ lucas bacon 6

Steak Sandwich 26 / gfo

grass fed steak, crispy fried egg, swiss cheese, iceberg, sliced tomato, tempura onion rings, green harissa, house mayo on rustic bread + skin on fries

+ seasoned crushed avocado 5

+ lucas bacon 6

Sides

Skin On Fries 8

served with chipotle mayo + black garlic ketchup

+ truffle mayo and parmesan 3

Herbed Garden Salad 6

Coffee

BY PABLO + RUSTY'S

espresso, macchiato, piccolo 6oz - 4
black single origin 4.5
white 6oz - 4 / 8oz - 4.5 / 12oz - 5
filter batch brew 12oz - 5
bottomless 7.5
mocha 6oz - 4 / 8oz - 4.5 / 12oz - 5
chocolate 6oz - 4 / 8oz - 4.5 / 12oz - 5
black all sizes / 4.5

Iced 12oz
black 4.5
latte 5.5
mocha 6
chocolate 5.5

Other Stuff 5 12OZ

GOLDEN TURMERIC MYLK turmeric, ginger, cinnamon, pepper, coconut milk
PRANA CHAI LATTE premium black tea, aromatic spice, honey
MATCHA COCONUT MYLK organic matcha green tea, honey, coconut milk

decaf, single origin, mocha, extra shot, syrups .50

macadamia milk, almond milk,
bonsoy, lactose free milk, coconut milk, oat milk .80

Loose Leaf Tea 5

ENGLISH BREAKFAST recharge
EARL GREY uplifting
GUNPOWDER green antioxidant
LEMONGRASS + GINGER anti-inflammatory
PEPPERMINT digestive

Juice by Charlie+Franks 7.5 VG / GF

100% organic, cold pressed juice using local ingredients

IMMUNITY carrot, orange, pineapple, celery, lemon, turmeric
ANTIOX apple, raspberry, passionfruit, rhubarb
BOTANICAL apple, spinach, kale, cucumber, celery, lettuce, lemon, ginger
PURE ORANGE 100% Australian valencia oranges

Healthy Smoothies 9.5

SUPER AÇAÍ [VG, GF] organic açai berry, banana + coconut milk
+ **organic vegan protein** 3
+ **organic matcha powder** 2
RECHARGE banana, oats, honey, almonds, yoghurt, almond milk + cinnamon
MANGO LASSI [GF] mango, greek yoghurt, lemon, maple syrup, vanilla, cardamom + pecans
IMMUNE BOOST [VG, GF] mixed berry, almonds, chia seeds, maple syrup, cinnamon + almond milk

Shakes 9

SALTED CARAMEL PECAN full cream milk, vanilla ice cream, maple syrup, roasted pecan, salt
CHOC PEANUT BUTTER full cream milk, vanilla ice cream, maple syrup, chocolate syrup, peanut butter, salt

Water / Cold Drinks

KOMBUCHA 6
LLB 4.5
PINK LEMONADE 4.5
SOFT DRINK COKE, ZERO, SPRITE 4.5
STILL WATER BOTTLE 4.5
SPARKLING MINERAL WATER S.PELLEGRINO 5.5
SPARKLING MINERAL WATER PUREZZA BOTTOMLESS 5 per person

Sparkling Wine

DUCHESS n/v
hunter valley nsw **36**
VILLA SANDI prosecco veneto
italy **39 / 10**

White Wine

VINACEOUS pinot grigio
adelaide sa 2018 **39 / 10**
LITTLE ANGEL sb
marlborough nz 2022 **43 / 11**

Rosé

EXCUSE MY FRENCH rosé
languedoc france 2017 **39 / 10**

Red Wine

RADIO BOKA tempranillo
valencia spain 2017 **36**
YARRAWOOD pinot noir
yarra valley vic **40 / 10**
HOWARD PARK MIAMUP cab sav
margaret river wa 2016 **46 / 13**
GEOFF MERRILL JACKOS shiraz
mclaren vale sa 2013 **55**

Beer + Other Stuff

THE ORIGINAL SYDNEY CIDER 8
EAST COAST IPA 8
SYDNEY LAGER 8
STONE + WOOD PACIFIC ALE 8.5
COOPERS PALE ALE 8.5
MATE MAKER HARD KOMBUCHA 9
mango peach smash
citrus ginger mule

Cocktails 15

PINEAPPLE DAIQUIRI
APEROL SPRITZ
NEGRONI
MARGARITA
ESPRESSO MARTINI

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Charlie +Franks

CAFÉ CATERING EVENTS

CHARLIE + FRANKS LOCATED IN NORTH SYDNEY + ST LEONARDS
CREDIT CARD SURCHARGE APPLIES